#### bias

#### The

inside us



Discussion Pack

What insights about bias can you share with your family, friends, coworkers, patients, and community?



# How does bias impact the way you think, behave, and see the world?

### What can you do to better understand your own biases in the workplace?





## How can you have conversations around bias with your coworkers?

How can you name your biases as you experience them to be a better colleague/manager?