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# The Science of Practicing Medicine

## Concussion Management

**Kristen Heckendorf, PT**

**George Morris, MD**

Facilitators, planners and CME staff do not have any relevant financial relationships with ineligible companies to disclose.

### Objectives:

At the conclusion of this presentation, participants should be able to:

- Identify concussion and initial concussion management.
- Promote active vs passive recovery.
- Recognize the difference in management of acute concussion and persisting symptoms after concussion.
- Understand the role of rehabilitation in treatment of concussion.

CentraCare is accredited by the Minnesota Medical Association to provide continuing medical education for physicians.

CentraCare designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity which includes participation in the evaluation component, enables the learner to earn credit toward the CME requirement(s) of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

This education offering has been designed to meet the Minnesota Board of Nursing continuing education requirements for 1 contact hour. It is the personal responsibility of each participant to determine whether this activity meets the requirements for acceptable continuing education by the licensing organization.

To earn contact hours, participant must attend all sessions and complete an evaluation form.

Please contact the Medical Staff Development Office at (320) 255-5836 if you have special needs.



CME