

Pathways to Psychiatry

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Objectives

At the completion of this presentation participants should be able to:

- Understand consultative options for collaborative psychiatry care
- Understand the scope of an e-consult
- Distinguish roles of Integrated Behavioral Health (IBH), neuropsych testing, and psychiatry

One time IBH Consultation

Established contact with IBH therapist from primary care clinic

Comprehensive review of the chart, extended visit with patient, and collaboration w/ IBH to provide recommendations moving forward

Within the scope of consult:

- clarify working diagnostic impression
- provide recommendations for treatment approach and offer considerations for other medical or psychosocial factors at play
- guidance on specific question

Outside of the scope of consult:

- place orders (labs, medications, referrals)
- provide mychart consultation
- facilitate or provide long-term care
- acuity
- Return to work review, legal or parental evaluations, medical clearance for firearms
- *guidance with use of controlled substances*

Psychiatric Stabilization Clinic (PSC)

Established contact with IBH therapist
from primary care clinic (or collaboration)

Diagnostic impression and three-month
coordinated follow-up ~ three to four visits

Within the scope of consult:

- clarify working diagnostic impression
- provide recommendations for treatment approach and offer considerations for other medical or psychosocial factors at play
- place orders (labs, medications, referrals) within PSC timeframe
- provide mychart consultation within PSC timeframe

Outside of the scope of consult:

- facilitate or provide long-term care
- acuity
- Return to work review, legal or parental evaluations, medical clearance for firearms
- *guidance with use of controlled substances*

E-Consult

Established diagnoses with focused question

No direct patient contact or follow-up

***perinatal review per Dr. C Drom*

Within the scope of consult:

- provide guidance for treatment approach of established diagnoses
- review medication dosing and general guidelines

Outside of the scope of consult:

- diagnostic impression or associated treatment guidance
- facilitate or provide long-term care
- acuity
- *guidance with use of controlled substances*

Additional Options

- Partial Hospitalization Program (PHP)
- IBH
- CoCM
- Neuropsych testing

INTEGRATED BEHAVIORAL HEALTH (IBH) PROVIDER & LOCATION LISTING

IBH LOCATION					
Clinic & External Scheduling	Address	IBH PROVIDER	EXT	INTERNAL SCHEDULING	EXT
Albany Clinic External Scheduling: 320-845-2157	30 Railroad Rd Albany, MN 56307	vacancy		Albany Clinic	36400
Becker Clinic External Scheduling: 763-261-7000	12800 Rolling Ridge Rd Becker, MN 55308	Moos, Gretchen MSW, LICSW	23274	Becker Clinic	24896
Big Lake Clinic External Scheduling: 763-263-7300	16830 198th Ave NW Big Lake, MN 55309	Moos, Gretchen MSW, LICSW	23274	Big Lake Clinic	22001
Clearwater Clinic External Scheduling: 320-558-2293	615 Nelson Dr, Box 217 Clearwater, MN 55320	Lund, Jennifer MSW, LICSW	58997	Clearwater Clinic	43020
Cold Spring Clinic External Scheduling: 320-685-8641	402 Red River Ave N, Ste 2 Cold Spring, MN 56320	Lund, Jennifer MSW, LICSW	58997	Cold Spring Clinic	46020
Correctional & Coordinated Care Clinic External Scheduling: 320-656-7195	2025 Stearns Way, Ste 114 St. Cloud, MN 56303	Dorholt, Zachary MS, LPCC, CCHP Young, Angela MS, LMFT	53613 55499	Correctional & Coordinated Care Clinic 320-656-7195	
Family Health Center External Scheduling: 320-240-3157	1555 Northway Dr, Ste 200 St. Cloud, MN 56303	Carver, Barbara Psy, LP - Director BH Family Residency Jedlicka, Jennifer, MSW, LICSW	70298 59026	Family Health Center Juanita (Nita) Schuneman	25255
Heart & Vascular Center External Scheduling: 320-656-7020	1406 6th Ave N St. Cloud, MN 56303	Mahowald, Toni PsyD, LP	57690	Heart & Vascular Center Sue Flemming	53792
Northway Family Medicine External Scheduling: 320-251-1775	1555 Northway Dr, Ste 100 St. Cloud, MN 56303	Sharp, Allison MSW, LGSW	76714	Northway Family Medicine	25116
Plaza-Adult Psychiatry/Rehab External Scheduling: 320-229-4922	1900 CentraCare Cr, Ste 1550 St. Cloud, MN 56303	vacancy			
Plaza-Internal Medicine External Scheduling: 320-229-4928	1900 CentraCare Cr, Ste 2425 St. Cloud, MN 56303	Baas, Stephanie PsyD, LP	57630	Plaza Internal Medicine	71806
Plaza-Pediatric Clinic External Scheduling: 320-654-3610	1900 CentraCare Cr, Ste 1300 St. Cloud, MN 56303	Laudenbach, Lori MA, LPCC Kociemba, Kelcee MA, LMFT	53992 74205	Plaza Clinic Pediatrics Denise Moses	73686
River Campus-Internal Medicine External Scheduling: 320-240-2203	1200 6th Ave N St. Cloud, MN 56303	Baas, Stephanie PsyD, LP	57630	River Campus-Internal Medicine	52500
Sartell Clinic External Scheduling: 320-202-8949	251 CR 120 St. Cloud, MN 56303	Blonigen-Heinen, Patty MSW, LICSW	59029	Sartell Clinic Mary Daniel	71155
Sauk Centre Clinic External Scheduling: 320-352-6591	425 Elm St N Sauk Centre, MN 56378	Frie, Nicole MSW, LICSW	21762	Sauk Centre Clinic	21513
Sexual Medicine & Gender Med. External Scheduling: 320-654-3633	CentraCare Urology Clinic St. Cloud, MN 56303	Sharp, Allison MSW, LGSW	76714	Sexual Medicine & Gender Medicine 320-654-3633	
Southway Clinic External Scheduling: 320-251-8181	1301 33rd St. S St. Cloud, MN 56301	Sanow-Hansen, Cassandra MSW, LGSW	52045	Southway Clinic	71221
St. Joseph Clinic External Scheduling: 320-969-7765	1360 Elm St E St. Joseph, MN 56374	vacancy		St. Joseph Clinic	22500
Virtual-Integrated Behavioral Health Eden Valley Clinic Long Prairie Clinic Melrose Clinic Paynesville Clinic Richmond Clinic New London Clinic Willmar Clinic Willmar Lakeland External Scheduling: 320-243-7723		Coleman, Summer MSW, LICSW Lynch, Kelsey MSW, LICSW	72343 23850	Peggy Stang	42463
Director IBH Kirchner, Jody MSW, LICSW Ext 23292 Cell 320-260-9773					

Collaborative Care Model (CoCM)

- CoCM collaborative approach between care manager (IBH), PCP, and psychiatry in which recommendations are made based off of data collected per care manager (IBH) and PCP to include diagnostic impression
- Aim is to increase access to psychiatry and decrease time to remission
- Piloted by Dr. J Schmitz with Dr. S Bass PsyD (River Campus Internal Medicine), Ms. C Sanow Hansen LGSW (Northway Family Medicine Clinic) and by Ms. A Sharp LGSW (Plaza Internal Medicine)

Neuropsych Testing

- Array of comprehensive diagnostic and cognitive testing
- Limits include parental assessments or autism evaluations
- Consider collaboration to review question(s) of concern to help focus or guide specific testing
- Not long-term and not psychiatry

To claim CME credit (Must complete by 12-27-2024)



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 - iPhone: use camera to take you to the site
 - QR Code Reader App
 - Snap Chat (take a snap!)
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- <https://survey.alchemer.com/s3/7645302/CME-Clinical-Updates-ENDURING-MATERIAL>
- Contact carla.griffin@centracare.com with questions or for a CME transcript.