

Tuesday, February 18, 2025

12:00-1:00 p.m.

Virtually via TEAMS – [Click Here to Join](#)

# Winter/Spring CME Event

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## Adolescent Substance Use: Assessment and Referral to Treatment

### **Alix Stalmakov, DNP, APRN, PMHNP-BC**

Alex will discuss medications for substance use treatment that are not always FDA approved for that indication, or have not been FDA approved for ages under 18, however, are used “off label” and have been studied for these indications. Speakers, planners and CME staff do not have any relevant financial relationships with ineligible companies to disclose.

#### **Objectives:**

At the conclusion of this presentation, participants should be able to:

- Identify how brain development increases risk of procuring a later substance use disorder.
- Differentiate medicinal versus harmful impacts of cannabis use.
- Describe ways in which substance use uniquely impacts the adolescent brain.
- Apply a brief screening tool to assess for high-risk adolescent substance use.
- List available treatment options for substance use.

CentraCare is accredited by the Minnesota Medical Association to provide continuing medical education for physicians.

CentraCare designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity which includes participation in the evaluation component, enables the learner to earn credit toward the CME requirement(s) of the American Board of Surgery’s Continuous Certification program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Please contact the Medical Staff Development Office at (320) 255-5836 if you have special mobility, vision, hearing, or other needs.



CME